PXU Health and Safety Mitigation Plan
Table of Contents

4 Introduction
   a. Guiding Principles
   b. Return to School

7 Reducing the Spread
   a. Health & Safety Protocols
   b. Environmental Safety Protocols
   c. Health & Safety Protocols in Action:
      Day in the Life Of Scenarios

12 Protocols for Potential Exposure
   a. Symptoms of COVID-19
   b. Protocols for Individuals with Exposure to
      and/or Symptoms of COVID-19
   c. Contact Tracing
   d. Student Transportation in Case of Illness

16 Social-Emotional Wellness

18 Resources
   a. Campus Contact Information
   b. Documents
      i. Daily Health Questionnaire
   c. Helpful Links
   d. Frequently Asked Questions
Introduction

Phoenix Union High School District (PXU) Commitments During COVID-19

The health, safety, and wellness of the entire Phoenix community - our staff, our students, our families, and our neighborhoods - will always remain our top priority. PXU is a leader in the state, and we must play a role in valuing public health above all else.

We cannot, and will not, abandon our community. Our students and families rely heavily upon us, our support, and our services. We are far more than an educational institution. We provide our community much needed and vital services - food, clothing, access to rental and utility assistance, technology services (both devices and internet), mental health services, and college and career counseling, to name a few.
Guiding Principles for Our Response to COVID-19

PXU is guided by six core values - compassion, collaboration, commitment, courage, creativity, consciousness. These values are more important than ever today. In addition to these values, Phoenix Union has identified five guiding principles used to support healthy and safe learning and working environments for students and staff.

1. **Phoenix Union continues to monitor all appropriate health data and follow guidelines and recommendations from health experts surrounding COVID-19.** Further, PXU has created and published metrics and benchmarks to inform decision-making related to the implementation of effective COVID-19 mitigation strategies.

2. **Staff- and Student-Centered:** Every decision that we make will consider the impact to both our staff and our students.

3. **Flexibility:** Instructional delivery model, safety protocols, and other major decisions and inflection points must be highly flexible. The landscape is ever-changing. We must be willing and able to shift and pivot at any moment.

4. **Quarantining is Inevitable:** Even with the availability of COVID-19 vaccinations, illness, infections, and quarantining may occur. All decisions must be based on reality, not ideology.

5. **Practicality:** Regardless of the decision - safety protocols, instructional delivery model, etc... must be grounded in what’s most practical and operational.

Phoenix Union continues to collaborate with all relevant agencies and organizations. Specifically, we review data from the Center for Disease Control, Arizona Department of Health Services, Maricopa County Department of Public Health, and Arizona Department of Education to inform health and safety decisions.
Return to School

Students will return to in-person on campus learning for the 2021/2022 school year. Parents who choose to have their student(s) learn virtually only can register their child at PXU Digital Academy, Phoenix Union’s only online learning high school. Please contact PXU Digital Academy at 602-764-0860.

Campuses and district offices have been implementing COVID-19 health and safety protocols since May 2020. These protocols have evolved alongside data and best practice and have been effective in supporting on campus learning since March 2021.

Phoenix Union is now a 1:1 technology district, which means laptops for all enrolled students. Providing laptops to all students will ensure continuity of instruction for students, whether in-person or online.
Reducing the Spread of COVID-19

Health and Safety Protocols to Reduce the Spread of COVID-19

The health and safety of our students, staff and families is our priority. PXU will implement health and safety guidelines to reduce the spread of the COVID-19.

The best way to protect yourself and your family from COVID-19 is to get vaccinated. PXU has and will continue to play a role in providing widespread access to the vaccine. Additionally, PXU will provide ongoing access to COVID-19 testing for students and staff.

For information on upcoming vaccination PODS please visit www.PXU.org/BeHealthy.
Health and Safety Protocols

- PXU requests that students, staff, parents/guardians, and community review daily health screening questions at home and prior to entering a school campus.

  - See the Resources section on page 18 for at home daily health screening questions and process.

  - Based on the answers to the questions, please determine if it is appropriate to enter school or not.

    - If students cannot answer “True” to all questions, the student must remain home from school for the day and the parent/guardian must notify the school of the student’s absence as well as the reason for the absence. It is recommended that the parent/guardian contact a healthcare provider for guidance and information. Parents/Guardians may also request for information regarding resources and assistance if they believe their child has COVID related symptoms.

    - If employees are not able to answer “True” to all questions, the employee must not report to work and should immediately call their Supervisor and Talent Division at 602-764-1542 to discuss, leave or return to work protocols.

    - If visitors are not able to answer all questions below as “True”, they should reach out to their PXU contact.

- All students, staff, parents/guardians and community are required to wear a face mask while indoors in the presence of others on PXU property regardless of vaccination status.

- All students, staff, parents/guardians and community will practice physical distancing to the extent possible.

- All classrooms, common spaces, office spaces and buses will support physical distancing to the extent possible.
Additional Guidance Regarding Face Masks:

Recently the CDC updated its guidance regarding face masks in schools. PXU will continue to follow CDC guidance to address all health and safety issues involving COVID-19. To clarify any questions, we offer the following guidance to all PXU students, staff and parents/guardians which is consistent with the CDC guidelines:

CDC recommends universal indoor masking for all teachers, staff, students, and visitors to K-12 schools, regardless of vaccination status. Children should return to full-time in-person learning in the fall with layered prevention strategies in place.

As a result, PXU will require all students, staff, parents/guardians and visitors to wear face masks indoors in the presence of others regardless of vaccination status.

While wearing a face mask, the following is recommended:
Hand Washing

Frequent hand washing will be encouraged at regular intervals throughout the day. Staff will follow CDC guidelines when exchanging items with students. Drinking fountains will be available for refilling water bottles only.

Wash Your Hands

1. Wet
2. Get Soap
3. Scrub for at least 20 seconds
4. Rinse
5. Dry

RESPIRATORY ETIQUETTE FROM THE CDC

It is always important to cover coughs and sneezes. To help stop the spread of germs:

- Cover your mouth and nose with a tissue when you cough or sneeze
- Throw used tissues in the trash
- If you don’t have a tissue, cough or sneeze into your elbow, not your hands

Immediately wash your hands with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.

Cleaning Laptop Devices

All students have been issued a laptop device which will minimize joint use of computers. Students are asked to regularly clean their laptop following proper cleaning protocols for electronic devices (never spray liquids directly onto the laptop, instead spray cleaner onto a cloth and use the cloth to wipe the computer).
Environmental Safety Protocols

To support safe and healthy in-person learning, campus and district COVID-19 health and safety plans have been updated to address the needs of students, staff and families during their entire time and experience on campus and/or in a district office. Plans are based upon common district standards to ensure consistency and accountability. Cleaning and sanitizing of all facilities meet established standards and best practices.

- Seating and common areas are physically distanced to the extent possible.

- Campuses will be cleaned daily following CDC guidelines. High touch areas such as doors, door handles, light switches and drinking fountains, will be cleaned frequently throughout the day. This includes each classroom being equipped with disinfectant wipes or spray, paper towels and gloves.

- At end of each class period, the teacher will work with students to clean the surface areas of their desks and chairs prior to leaving the classroom.

- Paper towels, cleaner and hand sanitizer will be placed in high traffic areas throughout campus. HVAC systems will be monitored and maintained for proper airflow and circulation.

- Ventilation filters and exchange of outside air have been upgraded district wide and will be changed out frequently to ensure air flow is both clean and exchange with outside air is at a higher rate.

- Additional permanent and portable hand sanitizing stations have been installed throughout sites.

- Classrooms, cafeterias, and common areas will support physical distancing to the extent possible. In some cases, this is less furniture to promote physical distancing, in other cases, this the addition of semi-permanent or portable Plexiglas barriers, in other areas directional signage has been added as a reminder to physically distance.

Health and Safety Protocols in Action:

_A Day in the Life of a Student_
To see Health and Safety Protocols in Action from a student’s perspective [Click Here]

_A Day in the Life of a Teacher_
To see Health and Safety Protocols in Action from a Teacher’s perspective [Click Here]

_A Day in the Life of Campus Staff_
To see Health and Safety Protocols in Action from a Campus Staff [Click Here]
Protocols for Potential Exposure

PXU will offer both on-site and off-site vaccinations and testing for COVID-19.

In the event a student or staff member contracts COVID-19, PXU will follow CDC, Arizona Department of Health Services and Maricopa County Department of Public Health guidance as it relates to notification, cleaning protocols, quarantine, and site closure.
Symptoms of COVID-19

There are a wide range of symptoms reported in people with COVID-19 – ranging from mild symptoms to severe illness. Symptoms may appear 2-14 days after exposure to the virus. Below is a list of possible symptoms.

| • Fever or chills       | • New loss of taste or smell |
| • Cough                | • Sore throat                |
| • Shortness of breath or difficulty breathing | • Congestion or runny nose |
| • Fatigue              | • Nausea or vomiting        |
| • Muscle or body aches | • Diarrhea                   |
| • Headache             |                               |

This list is not all possible symptoms. Please call your healthcare provider for any other symptoms that are severe or concerning to you.
Protocols for Individuals with Exposure to and/or Symptoms of COVID-19

As previously mentioned, staff, students and parents are asked to self-monitor for potential COVID-19 symptoms daily using the PXU COVID-19 Daily Health Screening Questions to determine if they should report to school and/or work or seek medical advice to determine if a COVID-19 test is appropriate. Parents, guardians and staff are expected to follow PXU procedures for reporting absences, and if appropriate, outcomes of a COVID-19 test.

PXU follows guidance from the Arizona Department of Health Services as it relates to contact tracing and protocols for individuals with exposure to and/or symptoms of COVID-19. For more information visit the Arizona Department of Health Services website.

In the event an employee or student is exposed to COVID-19, the following shall apply:

1. If the individual has been in close contact with someone who has COVID-19 and the individual is not vaccinated and/or has not had COVID-19 within the last 3 months, the individual should quarantine for 10 days if they are not being tested. If the individual has been tested, they may return to work and/or school after day 7 of quarantine provided the test was negative, occurred no longer than 5 days prior to returning to work and/or school, and have no symptoms of COVID-19.

2. If the individual has been in close contact with someone who has COVID-19 and the individual is fully vaccinated and/or has had COVID-19 within the last 3 months, it is not necessary for the individual to quarantine unless they are experiencing symptoms of COVID-19.

The CDC defines “close contact” as:

1. Having been within 6 feet of someone who has COVID-19 for a total of 15 minutes or more;

2. Providing care at home to someone who is sick with COVID-19;

3. Having direct physical contact with the person (hugged or kissed them);

4. Sharing eating or drinking utensils; and/or

5. Someone with COVID-19 sneezed, coughed, or somehow got respiratory droplets on you.
Contact Tracing

The PXU District Office supports our campuses in mitigating COVID-19 through our contact tracing efforts. The purpose of our contact tracing team is to support PXU Administrators in reporting and managing COVID-19 related incidents involving students and staff.

Staff shall report the following types of incidents:

- **Positive COVID-19 Test** - COVID-19 test result for an individual is positive,

- **Close Contact** - Instances where an individual has been in close contact (within 6 feet for 15 minutes or longer within a 24-hour period) with another individual who has received a positive COVID-19 test result, and

- **Self-monitor for symptoms** - Instances where the District received confirmation that an individual at the school may have been exposed to someone with possible COVID-19. In this instance, we have no reason to believe that the individual has been in close contact with the individual at issue.

- **Symptomatic** - Instances where an individual is symptomatic but does not fall into any of the 3 categories listed above.

Student Transportation in Case of Illness

In the event that has symptoms of COVID-19, the student(s) will be “quarantined” at school and the parent and/or guardian called to pick up child if at all possible. Students that receive transportation and are unable to be picked up will receive transportation to their home (ESS) or back to their bus stop. If a parent or guardian is unavailable and the student must be taken home in a van:

- Student will be separated from driver by at least one seat.

- Windows will be open two inches to allow for circulation.

- If more than one student is in the van, the first student to board will go all the way to the rear-most seat and others load going forward. One person per seat and they will be offset. One seat on the driver side, the next on the passenger side, etc.

- Van will be disinfected prior to loading any other students.

Valley Metro Transportation

Valley Metro has established health and safety protocols for their ridership. For more information, visit the Valley Metro website. Campuses will remind students of the importance of 6 ft distancing at bus and light rail stops. PXU will also collaborate with Valley Metro on the bus route schedule to best support school arrival and dismissal.
Social Emotional Wellness of Staff and Students

In Phoenix Union, we know that the social and emotional wellness of our staff and students is paramount especially as we prepare to return to in-person learning. In the first semester of this school year, our support services across the district provided over 30,000 social and emotional interventions to 10,000 unique students in our schools. We have prioritized the health and wellness of our staff by piloting an internal health and wellness program and hiring a full-time health and wellness specialist to guide the social, emotional, financial, behavioral, and physical wellness of our staff.
The following are the PXU commitments to ensure all of our staff and students are socially and emotionally supported:

1. Educate staff and students on resource that are available at work/school and in the community should supports be needed:
   a. District Health and Wellness Program inclusive of a full-time Health and Wellness Specialist
   b. Robust Employee Assistance Program (EAP) with referral supports
   c. Comprehensive Support Services at every PXU campus inclusive of at least one full-time social worker, nurse, community and student liaisons, etc.
   d. Community Partnership with mental health and behavioral health agencies such as Bayless, Terros, and Southwest Behavioral
   e. Falcon Center – access to a community resource hub to ensure families have the basic essentials

2. Promote staff and student taking advantage of resources available and practicing the best self-care

3. Encourage staff and students to talk with people they trust about their concerns and how they are feeling

4. Ensure staff are educated on the signs and symptoms of anxiety and depression as well as our Request for Intervention system that staff can use to refer students to support services that they may be displaying such symptoms

5. Provide access to a comprehensive list of resources such as local distress hotlines (Teen Lifeline: 602-248-8336); national distress hotline: 1-800- 985-5990
Resources

For your reference, this section includes contact information, helpful links and frequently asked questions.

All parents, students and staff are requested to print and/or save to their mobile device the PXU COVID-19 Daily Health Screening Questions for daily use, which is located at the end in this section.
<table>
<thead>
<tr>
<th>School</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Linda Abril Educational Academy</td>
<td>(602) 764-0050</td>
</tr>
<tr>
<td>Alhambra High School</td>
<td>(602) 764-6000</td>
</tr>
<tr>
<td>Bioscience High School</td>
<td>(602) 764-5600</td>
</tr>
<tr>
<td>Bostrom High School</td>
<td>(602) 764-1700</td>
</tr>
<tr>
<td>Trevor G. Browne High School</td>
<td>(602) 764-8500</td>
</tr>
<tr>
<td>Camelback High School</td>
<td>(602) 764-7000</td>
</tr>
<tr>
<td>Camelback Montessori College Prep</td>
<td>(602) 764-7000</td>
</tr>
<tr>
<td>Central High School</td>
<td>(602) 764-7500</td>
</tr>
<tr>
<td>Cesar Chavez High School</td>
<td>(602) 764-4000</td>
</tr>
<tr>
<td>Desiderata</td>
<td>(602) 764-0800</td>
</tr>
<tr>
<td>Betty H. Fairfax High School</td>
<td>(602) 764-9000</td>
</tr>
<tr>
<td>Franklin Police &amp; Fire High School</td>
<td>(602) 764-0200</td>
</tr>
<tr>
<td>Carl Hayden Community High School</td>
<td>(602) 764-3000</td>
</tr>
<tr>
<td>Maryvale High School</td>
<td>(602) 764-2000</td>
</tr>
<tr>
<td>Maryvale Gifted &amp; Talented Academy</td>
<td>(602) 764-2011</td>
</tr>
<tr>
<td>Metro Tech High School</td>
<td>(602) 764-8000</td>
</tr>
<tr>
<td>North High School</td>
<td>(602) 764-6500</td>
</tr>
<tr>
<td>Phoenix Coding Academy</td>
<td>(602) 764-5700</td>
</tr>
<tr>
<td>PXU Digital Academy</td>
<td>(602) 764-0860</td>
</tr>
<tr>
<td>The Academies at South Mountain</td>
<td>(602) 764-5000</td>
</tr>
<tr>
<td>Wilson College Prep</td>
<td>(602) 764-9600</td>
</tr>
</tbody>
</table>
PXU COVID-19 Daily Health Screening Questions

COVID-19 Daily Health Screening Questions for all persons wishing to attend or enter school grounds.

For the health and safety of everyone, all persons (including staff, students, and visitors) who plan to enter a school campus are asked to review the following health screening questions at home and prior to entering a school.

1. The individual has not been diagnosed with COVID-19 by a healthcare provider since they last reported to school: True or False

2. The individual has not been told to self-quarantine by a healthcare provider since they last reported to school: True or False

3. The individual does not have one or more of the following symptoms that cannot otherwise be attributed to a non-COVID related, communicable disease or diagnosed health condition:
   - Fever of 100.4 degrees or higher, chills, cough, shortness of breath or difficulty breathing, fatigue, sore throat, muscle or body aches (myalgia) that was not caused by a specific activity (such as a physical exercise), new loss of taste or smell, headache, congestion or runny nose, nausea or vomiting, diarrhea
   - True or False

4. The individual has not come into close physical contact (within 6 feet and for a total period of time of 15 minutes or longer) with someone I/they know has tested positive for COVID-19 since they last reported to school: True or False

If the person can answer all the questions as “True”, then it is appropriate for the individual to enter campus.

If the individual is not able to answer all the questions as “True”, then it is not appropriate to enter campus.
Helpful Links

Please visit our website: www.PXU.org for future updates.

Please continue to visit www.PXU.org/ReturnToSchool for information and FAQs. If you have any questions, please contact Talent@PhoenixUnion.org.

For more knowledge about the coronavirus / COVID-19, visit the Centers for Disease Control and Prevention (CDC).

AZ Department of Education
www.az.ed.gov/covid-19-guidance

AZ Department of Health Services
www.azdhs.gov

Maricopa County Department of Public Health
www.maricopa.gov/5460/Coronavirus-Disease-2019