

Phoenix Union High School District  
**SPECIAL DIET HEALTH CARE ACTION PLAN AND PHYSICIAN ORDERS**  
**PLAN DE ACCIÓN ESPECIAL PARA LA ATENCIÓN MÉDICA DE LA DIETA Y PEDIDOS MÉDICOS**

School Year (Año Escolar): \_\_\_\_\_ Grade (Grado): \_\_\_\_\_ Date of Birth (Fecha de Nacimiento): \_\_\_\_\_

Student Name (Nombre de Alumno): \_\_\_\_\_ Student ID #: \_\_\_\_\_

Parent/Guardian Name (Nombre de Padre/Madre/Tutor): \_\_\_\_\_

Cell Phone (Teléfono Celular): \_\_\_\_\_ Work (Trabajo): \_\_\_\_\_ Home (Casa): \_\_\_\_\_

Physician (Nombre del Medico): \_\_\_\_\_ Phone (Teléfono): \_\_\_\_\_

The parent/guardian agree and understand that they are responsible for maintenance of equipment, furnishing all equipment, medications, and supplies necessary in providing services to the student during school hours. The parent/guardian is also responsible for notifying the school nurse anytime there is a change in orders, medications, and/or in the student's medical condition.

I give permission for the school to allow authorized trained school personnel to administer medications and perform medical procedures as ordered by the physician/healthcare provider licensed in Arizona. I authorize the school to contact my child's physician/healthcare providers and/or dispensing pharmacies, should any questions, any additional orders and/or necessary documents be required for the care of my child during school hours.

El padre / tutor acuerda y entiende que es responsable del mantenimiento del equipo, el suministro de todo el equipo, los medicamentos y los suministros necesarios para proporcionar servicios al alumno durante el horario escolar. El padre / tutor también es responsable de notificar a la enfermera de la escuela cada vez que haya un cambio en las órdenes, medicamentos y / o en la condición médica del estudiante.

Doy permiso para que la escuela permita que el personal autorizado de la escuela capacitada administre medicamentos y realice procedimientos médicos según lo ordenado por el médico o proveedor de servicios de salud con licencia en Arizona. Autorizo a la escuela a ponerse en contacto con el médico de mi hijo / proveedores de atención médica y / o farmacias de entrega, en caso de tener preguntas, pedidos adicionales y / o documentos necesarios para el cuidado de mi hijo durante el horario escolar.

\_\_\_\_\_  
Parent/Guardian Signature (Firma de Padre/Madre/Tutor)

\_\_\_\_\_  
Date (Fecha)

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**FOR LICENSED PHYSICIAN/HEALTHCARE PROVIDER USE ONLY - PLEASE WRITE LEGIBLY**

**THE PHOENIX UNION HIGH SCHOOL DISTRICT IS REQUESTING YOUR ASSISTANCE IN COMPLETING THIS THREE-PAGE FORM TO IDENTIFY ANY SERVICES THAT WE MAY NEED TO PROVIDE TO THE STUDENT IN THE SCHOOL SETTING.**

Physician's Statement for Children with Disabilities require substitutions or modifications in school meals for children whose disabilities restrict their diets. A child with a disability must be provided substitutions in foods when that need is supported by a statement signed by a licensed physician. Medical Statement for Children with Special Dietary Needs must be supported by a statement, which explains the food substitution that is requested. It must be signed by a recognized medical authority.

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Student Name: \_\_\_\_\_ School Year: \_\_\_\_\_

*Under no circumstances are school food service or school personnel to revise or change a diet prescription or medical order*

**STUDENT MEDICAL DIAGNOSIS:** \_\_\_\_\_

Describe the student's condition and the major life activity affected by the condition related to the need for dietary modification:

\_\_\_\_\_

Medication and/or Food Allergies and Type of Reaction:  None

\_\_\_\_\_

Seating student when eating/drinking/being fed:  Regular seating  Wheelchair  At table  Tray attached   
Special seating required (describe):

\_\_\_\_\_

Positioning the student when eating/drinking/being fed:

Independently upright  Fed self completely  Partially assisted  Fed entirely by other(s)

Supported upright and how/other positions?

\_\_\_\_\_

**DIETARY MODIFICATIONS AND PHYSICIAN ORDERS**

**SEE MEDICAL DOCUMENTS/ORDERS ATTACHED**

Indicate which dietary modifications the student needs and specify what changes need to be made. (*Substitutions or modifications for children with disabilities must be based on a prescription order written by a licensed physician/healthcare provider*).

List the food or foods to be omitted from the student's diet?

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**TEXTURE MODIFICATION:**  Pureed  Ground  Chopped  Other: \_\_\_\_\_

Specify Foods: \_\_\_\_\_

Volume or quantity of food/liquid per presentation: \_\_\_\_\_

Number of swallows per bolus: \_\_\_\_\_

Provide \_\_\_\_\_ (quantity, type) liquid after \_\_\_\_\_ (number) of food presentations.

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Student Name: \_\_\_\_\_ School Year: \_\_\_\_\_

**NUTRIENT MODIFICATION:**  Increase Calories Description: \_\_\_\_\_

Supplement Name: \_\_\_\_\_

Decrease Calories Description: \_\_\_\_\_

Nutrient Restriction Description: \_\_\_\_\_

**FEEDING SCHEDULE DURING SCHOOL HOURS:**  Breakfast  Lunch  Other: \_\_\_\_\_

**FOOD PRESENTATION:**  Bottle  Cup  Straw  Spoon  Fork  Bowl  Plate

**SPECIAL MEALTIME EQUIPMENT:**  None  Built-Up Handle  Angled Handle  Scoop Bow

Other: \_\_\_\_\_

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**PHYSICIAN OR HEALTHCARE PROVIDER SIGNATURE REQUIRED BY THE SCHOOL**

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Physician/ Healthcare Provider Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Physician/Healthcare Provider Printed Name: \_\_\_\_\_

Telephone: \_\_\_\_\_ FAX Number: \_\_\_\_\_

**Please attach any additional documents provided by the parent/guardian and physician/healthcare provider**

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**School Use Only**

School Name: \_\_\_\_\_

School Designated Personnel: \_\_\_\_\_ Phone: \_\_\_\_\_

Reviewed by School Personnel Signature: \_\_\_\_\_ Date: \_\_\_\_\_